



News from Canine Support Teams

JUNE 2016

I  DAD

On the GO!

With a CST Service Dog

It's time to enjoy the weather, the food and the fun of this wonderful season. Trips to the beach, hiking in the mountains and playing in the pool. These may seem like ordinary activities for you and me but they can be a daunting challenge to a disable person.

A Service Dog from Canine Support Teams allowed Gloria to enjoy a long-awaited trip with family to Yosemite National Park. Gloria and ANYA make a great team!



Gloria & ANYA at Graduation

**Warm thanks and
CONGRATULATIONS to
A and I Reprographics**



It is traditional to receive gifts on your birthday but owners Kathy & Gary Moylan decided it's better to give than receive! For their **ten year anniversary celebration**, A and I hosted an open house at their Ontario production center that included delicious food & beverages. A color theme of red, black and white defined the entire event - down to the candies in dishes! Raffle tickets were sold for some great donated prizes and **all the proceeds of the day were donated to Canine Support Teams.**

***Did you know? ... June is
PTSD Awareness Month***

Luis served two tours in Afghanistan while working as a military policeman. He was tasked with the great responsibility of protecting his team members, which repeatedly required him to risk his own safety and survival. Attacks with explosions were common and death surrounded Luis everywhere. "We even had the responsibility of processing dead bodies," Luis recalls. His service was courageous and many lives were spared as a direct result of his work. Upon returning home to his family however, it was evident that his brave service to our country yielded new troubles for the young veteran. "The insomnia took its toll on me. When I did sleep, I would have these terrible nightmares. During the day, I would have unpredictable mood swings...it really affected my family life." Luis' story represents the thousands of Military Veterans and Civilians who suffer from PTSD. Research continues and awareness is growing but we still have so far to go. While the experts continue to study the benefits of Service Dogs for PTSD patients, our CLIENTS have no doubt. Luis received his Service Dog, LOKI, who has turned everything around for him. 16-year-old Leizelle is once again looking forward to the

life of a "normal teenager" with her new best friend, CLINT, by her side. John M. (with TRAVIS) says, "I am not the same person anymore. My wife, my family, my co-workers all see the improvement since I got TRAVIS." Dathan, a 20 year USMC veteran, says, "I haven't been able to shop at the mall without someone with me since I got back." He and TEYO now visit the mall alone with confidence! Your ongoing support ensures our ability to provide service dogs to our clients and in turn allows someone with PTSD a new "leash" on life! *If you suffer from PTSD, don't hesitate to seek help.*

Talk to your family and physician. Contact your local Mental Health office.

Your struggle is real; you are not alone; help is available.



\$10K in 10Days

Can you donate \$10?
 Can you ask 10 people to donate \$10?
 Can **THEY** ask 10 more?

Canine Support Teams has **TWELVE** clients on our waiting list for Service Dogs for 2016. Eight of them are **Disabled Veterans**. **SHARE the WORD!** Get your friends to join you, see how far we can reach!

We can do it with YOUR help!

How are we gonna do that? It will only take 100 people giving \$10 each day of the campaign to reach our goal!
<https://caninesupportteams-kindful.kindful.com/?campaign=245608>

A timely reminder ...

The official start of SUMMER may still be a couple of weeks away but temperatures are climbing. Take advantage of the longer days and walk you dogs in the cooler morning or evening hours. We love to take our dogs with us when we are out & about but letting your furry best friend stay home in the A/C may be the safer option. This chart was provided by our local police department who reminds us ALL: If it's too hot for YOUR bare feet, it's too hot for your dogs'. And **NEVER, EVER** leave children or pets unattended inside a parked car.

If the air is **HOT**,
 the asphalt is **HOTTER!**

Press the back of your hand firmly against the asphalt for 7 seconds to verify that it will be comfortable for your dog.

When the air is this,
 the temperature has been measured at this! *

AIR Temperature	ASPHALT Temperature
77°	125°
86°	135°
87°	143°

AN EGG CAN FRY IN 5 MINUTES AT 131° F
 AT 125° skin destruction can occur in 60 seconds!

* These temperature correlations represent worst case scenario variables. Data Source: Berens J. Thermal contact burns from streets and highways Journal of the American Medical Association; 214 (11): 2025-2027"

As long as you're shopping ...



Did you know you can donate to Canine Support Teams with EVERY Amazon purchase? It's TRUE! AmazonSmile is a website operated by Amazon with all the same products, prices, and shopping features as Amazon.com. The difference is that when you shop on AmazonSmile, *THEY* will donate 0.5% of the purchase price of eligible products to the non-profit organization of your choice. **And best of all it's free!** Once you've chosen [Canine Support Teams](#) as your charity, you just go to smile.amazon.com each time you log in, they'll do the rest. Every item available for purchase on Amazon is also available on AmazonSmile *at the same price* with the same log-in and account information as you currently use. You will see eligible products marked "Eligible for AmazonSmile donation" on their product detail pages. You can also order items from our "[Wish List](#)" to be shipped directly to us!

HAPPY SHOPPING!

Professional Dog Training Services

is now available with
CST *EXPERT* Trainers

Whether you are choosing a successor dog, adding a new addition to your pack or adopting your first, some guidance from a professional can help you make the best decision. Dogs in shelters are stressed and it can be hard to determine which dog would be most successful in your home. Our trainers can provide "Pound Puppy Evaluation". They know breed requirements & temperaments and they understand the subtleties of canine body language. They can assess the dogs and help you make a decision for the dog that will fit best in your lifestyle and circumstances with greatest success of a FUR-EVER home.



[Contact Trainer Deborah Norman for more details.](#)

Tweet - Post - Pin - Play

Canine Support Teams has updated and freshened our social media connections. Please visit these sites and refresh your links. You can LIKE our [Facebook page](#), and FOLLOW US on Twitter ([@K9SupportTeams](#)) and [Pinterest](#) Watch for new videos to premier on [YouTube!](#)



Thank you for your continued support of Canine Support Teams. We're so grateful for the opportunity to serve with you in providing our life-changing service dogs to those in need. To learn more about items in this newsletter, contact us at (951) 301-3625 or email us at cstmain@caninesupportteams.org

Sincerely,

*Carol Roquemore
Founder/CEO*



Providers of Assistance Dogs



*We are honored to serve
those who served with honor.*

PRISON PUP PROGRAM



California Institution for Women, Chino
SW Riverside County Juvenile Hall
California Institution for Men, Chino
California Rehabilitation Center, Norco

Canine Support Teams is a 501(c)3, Federal and State Non-profit Organization,

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